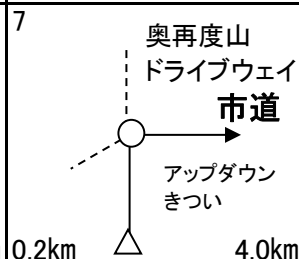
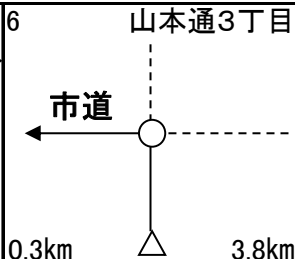
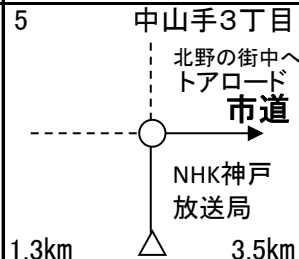
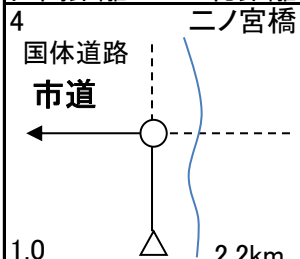
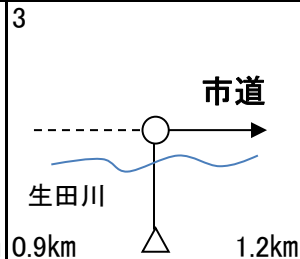
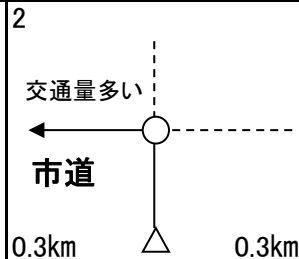


**7:00~7:30**

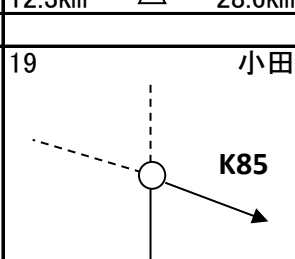
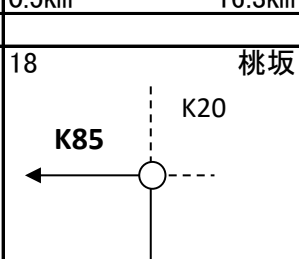
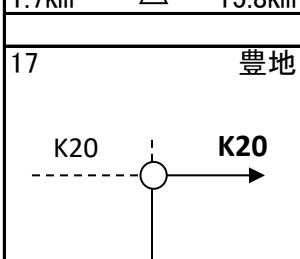
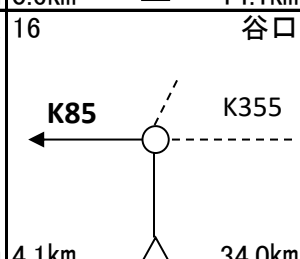
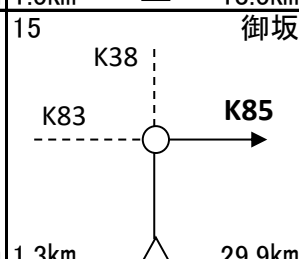
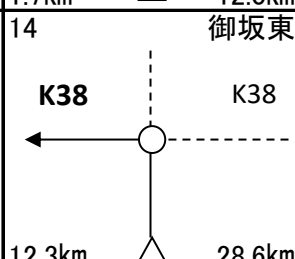
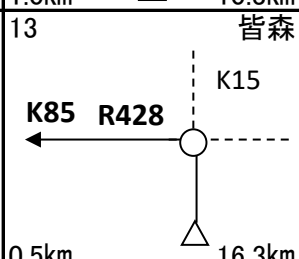
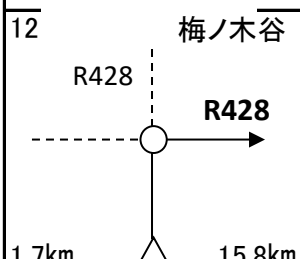
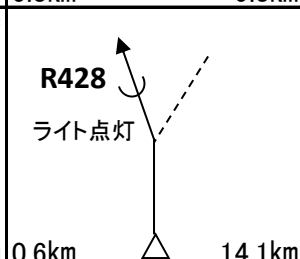
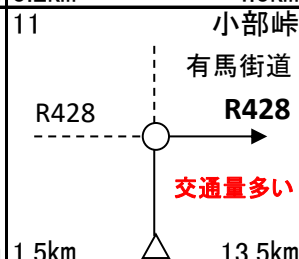
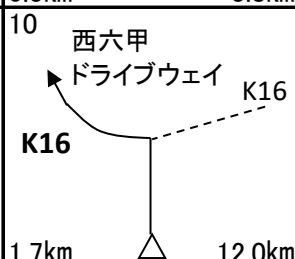
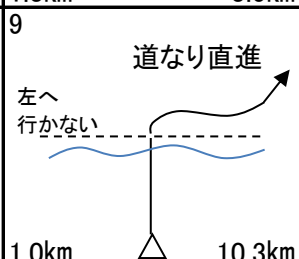
HAT  
なぎさ公園



通過チェック  
フォトコントロール①  
再度公園入口

「再度公園外人墓地」  
木製看板と自転車撮影

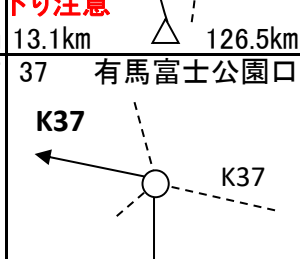
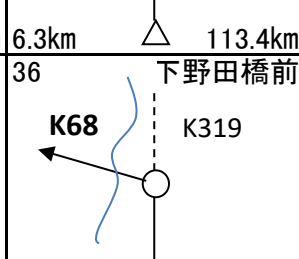
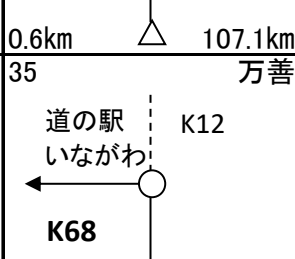
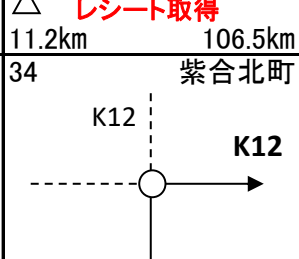
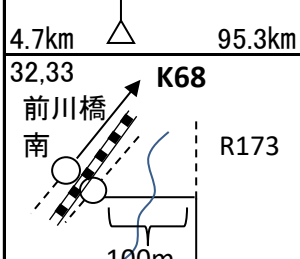
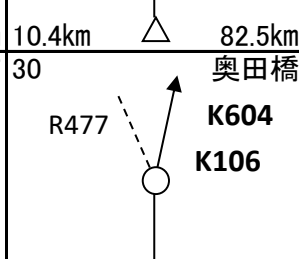
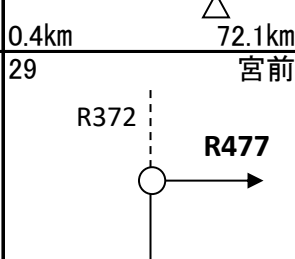
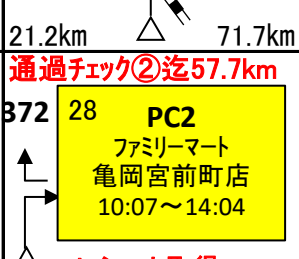
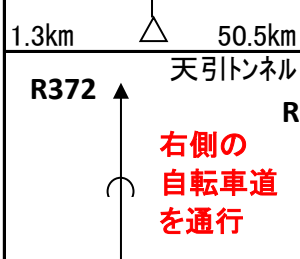
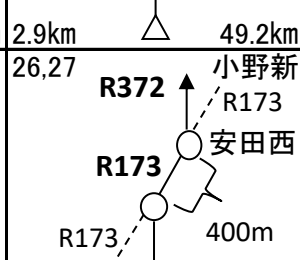
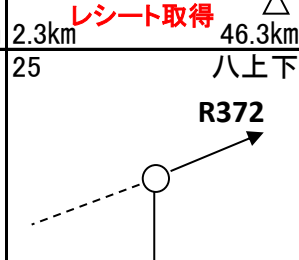
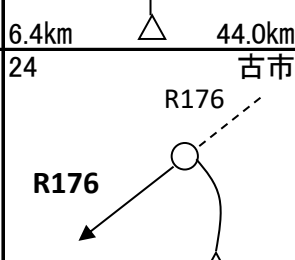
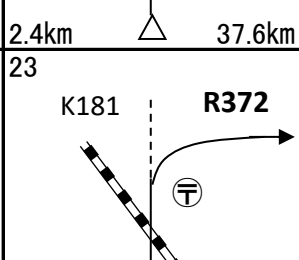
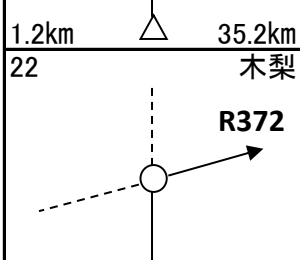
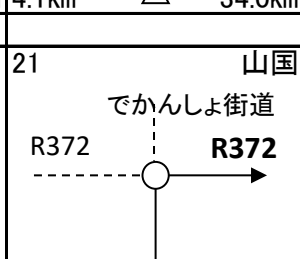
5.3km 9.3km

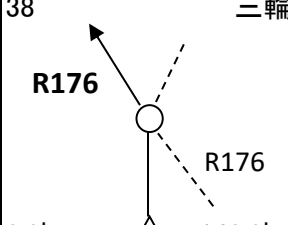
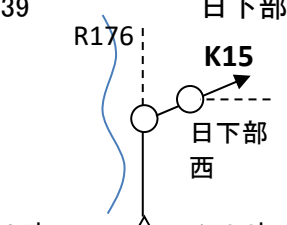
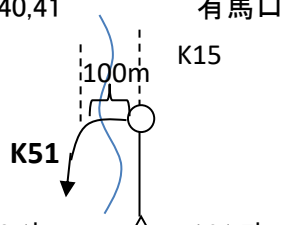
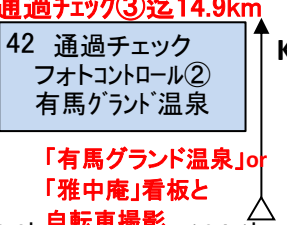

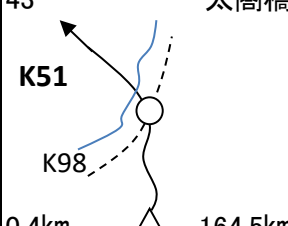
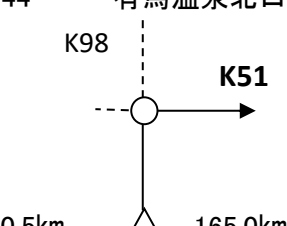
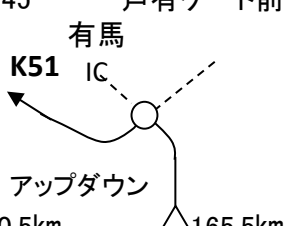
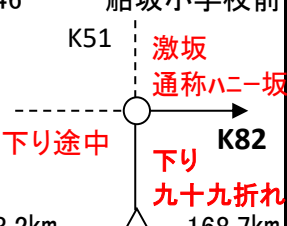

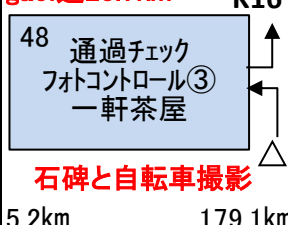



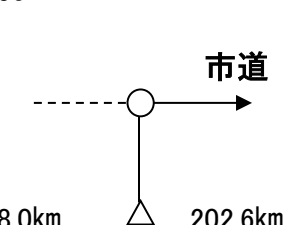
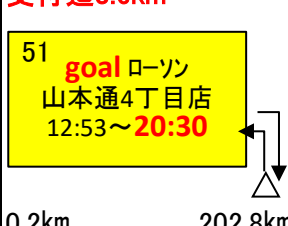
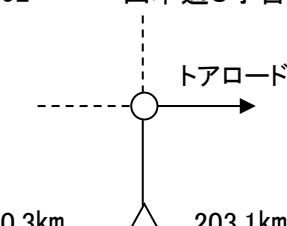
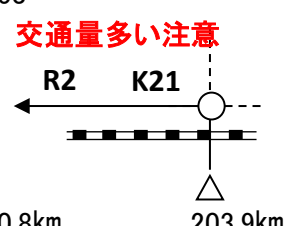
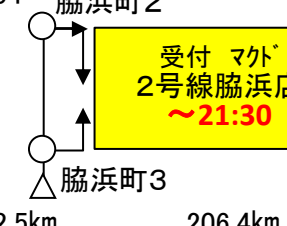


20 **PC1**  
セブンイレブン  
小野福住店  
08:21~10:18

レシート取得

2.3km 46.3km



<p>38 三輪</p>  <p>2.9km 148.9km</p>	<p>39 日下部</p>  <p>4.7km 153.6km</p>	<p>40,41 有馬口</p>  <p>8.1km 161.7km</p>	<p><b>通過チェック③迄14.9km</b></p>  <p>42 通過チェック フォトコントロール② 有馬グランド温泉</p> <p>「有馬グランド温泉」or 「雅中庵」看板と 自転車撮影</p> <p>2.3km 164.1km</p> 	
<p>43 太閤橋</p>  <p>0.4km 164.5km</p>	<p>44 有馬温泉北口</p>  <p>0.5km 165.0km</p>	<p>45 芦有ゲート前</p>  <p>0.5km 165.5km</p> <p>アップダウン</p>	<p>46 船坂小学校前</p>  <p>3.2km 168.7km</p> <p>激坂 通称ハニー坂</p> <p>下り途中 下り 九十九折れ</p>	<p>47</p>  <p>5.2km 173.9km</p> <p>標高 390m</p> <p>ここから マジ 辛いです 車にも注意</p>
<p><b>goal迄23.7km</b></p>  <p>48 通過チェック フォトコントロール③ 一軒茶屋</p> <p>石碑と自転車撮影</p> <p>5.2km 179.1km</p>	<p>標高 884m</p>  <p>石碑 一軒茶屋 看板</p>	<p>夜景 最高!</p> 	<p>49 五辻</p>  <p>15.5km 194.6km</p> <p>奥再度山 ドライブウェイ</p>	<p>50</p>  <p>8.0km 202.6km</p> <p>市道</p>
<p><b>受付迄3.6km</b></p>  <p>51 goal ローソン 山本通4丁目店 12:53~20:30</p> <p>0.2km 202.8km</p>	<p>52 山本通3丁目</p>  <p>0.3km 203.1km</p>	<p><b>交通量多い注意</b></p>  <p>0.8km 203.9km</p>	<p>54 脇浜町2</p>  <p>2.5km 206.4km</p> <p>受付 マク 2号線脇浜店 ~21:30</p>	